Although I cannot speak for the insurance industry, it is my opinion and from personal experience that avoidance of potential drug/ opiate dependency and possible addiction is a necessary mandate in the treatment of pain. Using any acceptable non-drug therapy such as H-Wave should be viewed as a necessary technique in the arsenal of treatment.

Lester Sacks MD. PhD

Board Certified Specialist in Occupational Medicine, Consulting Medical Director for several insurance companies

My H-Wave helped me go back to work. This unit is amazing. It also got me off my pain medications that I was taking for 4 years.

> Home Patient, Back Condition Citrus Heights, CA

My back, neck, upper back, and middle back hurts me so much. I've had steroids, cortisone shots, PT; they never helped me like the H-Wave.

> **Home Patient, Back Condition** Winter Haven, FL



WHY H-WAVE?

H-Wave is a scientifically proven, drug-free alternative that not only relieves pain but also helps patients achieve long-lasting rehabilitative benefits.

- + Safe, non-addictive pain relief
- + Speeds recovery
- + Helps restore function
- + Makes physical therapy more productive
- + May reduce or eliminate the need for medication
- + Returns patients to work faster

H-Wave is used for:

- + Chronic, acute, traumatic and post-operative pain
- + Increasing circulation
- + Relieving muscle spasm
- + Increasing range of motion
- + Preventing muscle atrophy

CALL TO ARRANGE A QUICK MEETING WITH ONE OF OUR CONSULTANTS AND SCHEDULE A FREE IN-OFFICE OR AT-HOME TRIAL > 800-874-9283

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INFORMATION FOR PAYERS

THE VERY BEST **IN DRUG FREE PAIN RELIEF &** RECOVERY

An evidence-based opioid alternative available for home use.





FOR PAIN PATIENTS, THE TREATMENT IS OFTEN AS DEBILITATING AS THE INJURY.

Acute, chronic, traumatic or post-operative pain is a fact of life for many Americans and their employers: In a single year, pain will affect 100 million Americans,¹ cost up to \$300 billion,¹ and result in 50 million days of lost work,² And among those who suffer pain, 58% is chronic³ – lasting at least six months. It's one of the leading reasons people seek health care, which means it's one of the leading drivers of health care costs.

There is no shortage of methods to treat pain sufferers, but many of these carry a substantial price tag and health risks.

- + NSAIDS are not safe or effective for long-term use and may produce side effects such as ulcers and heart problems⁴
- + Muscle relaxants produce a substantial demotivating effect that may actually hinder a return to function⁵
- + Steroid injections carry a higher price tag⁶ and may weaken tissues⁷
- + Narcotics/opioids are physically and psychologically addicting,⁸ and prescriptions have increased fourfold over the past decade⁹
- + Often, multiple prescriptions are required to treat a single condition, costing hundreds or even thousands of dollars a month and increasing health risks

Even drug-free options have substantial limitations—and no guarantee the patient can return to normal function.

- + Physical therapy: Often can't address day to day symptoms, costs an average of \$1,200 per month (\$100 per visit, three visits per week)
- + Surgery: Substantial risks and costs that can climb into six figures, continued drug use
- + Electronic stimulation, such as TENS: Only masks pain while the device is connected to the patient

OPIATE ABUSE AND ADDICTION IS ON THE RISE.

There's a need for effective, non-pharmacologic pain relief.

Instead of promoting relief and recovery, narcotic pain relievers often result in:

- + More absences: Workers who received high doses of opioid painkillers stayed out of work three times longer than those with similar injuries who took lower doses¹⁰
- + Inflated costs: The cost of a workplace injury is nine times higher when a strong narcotic such as OxyContin is involved¹⁰
- + Lingering claims: Applicants with only one opioid prescription had a claims closure rate of 87%, but the claims closure rate steadily decreased when the number of opioid prescriptions increasedⁿ

H-WAVE® IS AN EFFECTIVE DRUG-FREE TREATMENT OPTION.

millions of dollars a year.





By providing a drug-free treatment option that provides pain relief and facilitates recovery, H-Wave is a viable alternative to the traditional prescription medications that often fail to return patients to health and end up costing payors hundreds of



H-Wave's evidence-based results provide long-lasting, cumulative benefits. The unique technology delivers a more effective solution, with no side effects. There are two treatment modes available:

- + Low-frequency promotes recovery and rehabilitation by increasing blood flow and helping the body rid itself of the protein and wastes that are often at the root of pain and disability.
- + High-frequency breaks down the chronic pain cycle by inhibiting the function of the sodium channel within the nerve. Unlike TENS, H-Wave benefits last long after use. One 30-60 minute session can provide pain relief that lasts for hours, up to all day.

Field-tested and clinically proven, year after year

While drugs and other treatments only mask the pain, H-Wave has been shown to provide benefits that speed recovery, reduce the need for medication, and return users to work faster.

- + 79% of H-Wave users reported functional improvements that made it possible to return to activities such as walking, lifting, and sleeping¹²
- + 78% of H-Wave users reported significant pain relief¹²
- + 65% of users were able to reduce or completely eliminate the need for pain medicine¹²

H-Wave is convenient for patients to use.

- + H-Wave creates no work restrictions
- + Patients receive thorough training and education
- + In-home use means patients are more likely to remain compliant with their treatment regimen
- + 30-day guarantee: If a patient isn't satisfied after 30 days of use, he or she may return it for a full refund, with no cost to the physician, clinic, or insurance company

H-WAVE[®] PROVIDES DIRECT **BENEFITS TO PAYORS:**

- + Reduced medication usage
- + Increased functional capacity
- + Drug-free pain relief
- + A smarter spend: H-Wave offers special fixed cost/one-time cost programs to take away the ongoing costs of DME
- + No compensation or financial incentive to physicians for prescribing home H-Wave
- + We monitor patient compliance and outcomes and can provide comprehensive reports for payors

The H-Wave Difference

- + Will not cause demotivating factors such as depression or drop in energy levels
- + Unlike TENS. H-Wave continues to deliver benefits even after treatment
- + H-Wave is available to the patient 24 hours a day, seven davs a week



